

# Up!

4 Walls 64 Counts Intermediate Level

Choreographer: Stephen Gell – February 2003

Music: Up! by Shania Twain CD: Up! (Red CD) (Total Track Length 2:53)

Intro: 28 Counts From The Beginning.

## **Right Shuffle, Rock, Rock, Left Coaster Step, Rock, Rock**

- 1 & 2 Step forward right, Close left beside right, Step forward right
- 3 - 4 Rock forward on left, Rock back on right
- 5 & 6 Step back left, Step right beside left, Step forward left
- 7 - 8 Rock forward on right, Rock back on left

## **9 - 16 Right ½ Turn Shuffle, Rock, Rock, Left Coaster Step, Right Shuffle**

- 1 & 2 Shuffle right, left, Right making ½ turn right (6:00)
- 3 - 4 Rock forward on left, Rock back on right
- 5 & 8 Step back left, Step right beside left, Step forward left
- 7 & 8 Step forward right, Close left beside right, Step forward right

## **17 - 24 Rock, Rock, Left Coaster Step, Rock, Rock, Right ¾ Turn Shuffle**

- 1 - 2 Rock forward on left, Rock back on right
- 3 & 4 Step back left, Step right beside left, step forward left
- 5 - 6 Rock forward on right, Rock back on left
- 7 & 8 Shuffle right, left, right making ¾ turn right (3:00)

## **25 - 32 Point Left Cross, Point Right Cross, Back Shuffle, Right Side Shuffle**

- 1 - 2 Point left toe to left side, Cross left over right
- 3 - 4 Point right toe to right side, Cross right over left (keep whight on left foot ready to go back)
- 5 & 6 Step back on left, Close right foot in front of left, Step back left
- 7 & 8 Step right to right side, Close left next to right, Step right to right side

## **33 - 40 Rock, Rock, Left Side Shuffle, Rock, Rock, Side, Hold**

- 1 - 2 Rock back on left, Rock forward on right
- 3 & 4 Step left foot to left side, Close right next to left, Step left foot to left side
- 5 - 6 Rock back on right, Rock forward on left
- 7 - 8 Step right foot to right side, Hold

## **41 - 48 ½ Turn Left, x2 ¼ Monterey Turn Right, Step, Turn, Step**

- 1 - 2 Make ½ turn left stepping left to left side (9:00), Hold
- 3 - 4 Touch right to right side, Make ¼ turn right closing left next to right (12:00)
- 5 - 6 Touch right to right side, Make ¼ turn right closing left next to right (3:00)
- 7 & 8 Step forward right make ½ left, step forward right

## **49 - 56 Hold, Step, Turn, Step, Hold, Step, Turn, Step, Right Jaz Box, Right Side Shuffle**

- 1 & 2 Hold, Step forward left make ½ right, Step forward left
- 3 - 4 Step right foot across left, Step back on left
- 5 - 6 Step right to right side, Step left beside right
- 7 & 8 Step right to right side, Close left next to right, Step right to right side

## **57 - 64 Rock, Rock, Step, ½ Turn Right, Hold, ½ Turn Right, Rock, Rock**

- 1 - 2 Rock back on left, Rock forward on right
- 3 - 4 Step left to left side, Make ½ turn right stepping right to right side (9:00)
- 5 - 6 Hold, Make ½ turn right stepping left to left side (3:00)
- 7 - 8 Rock back on right, Rock forward on left